## **BOOKS FOR BOOMER READERS**

By Annie Tobey

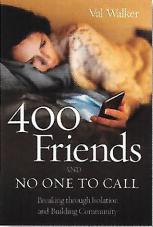


## HOLLYWOOD, **HER STORY**

By Jill S. Tietjen and **Barbara Bridges** 400 pages, Lyons Press April 26, 2019

Whether your interest leans toward films or inspirational women, you'll find a wealth of both in this epic, eye-catching book. The chronological layout highlights filmmaking history an abundance of memorable pictures and notable quotes. The book features more than 1,200 women, from acting legends to those behind the scenes - stuntwomen, screenwriters, directors, composers, animators, costume designers and more.

The book's layout of historical tidbits, brief bios and relevant graphics captures a wealth of information in a manner both approachable and attractive, and at an affordable price. The two women behind the book, Jill S. Tietjen and Barbara Bridges, combine experience in film, history and promoting women's achievements. Their delightful book is both a celebration and an education.



## **400 FRIENDS AND NO ONE TO CALL**

By Val Walker 240 pages, **Central Recovery Press** Releasing March 24, 2020 was to be released from a hospital after major surgery, but the friend who agreed to pick her up left her stranded and alone. She soon moved to Boston, where she knew no one and struggled to make connections. This book springs from Walker's struggles as well as from her professional experience as a rehabilitation counselor and grief consultant.

While the author addresses some new challenges of the 21st century - such as how social media (the "400 friends") often exacerbates our problems - she also addresses timeless issues of isolation, loneliness and the challenges of reaching out. She